
FRANCESCA LYNN ARNOLDY

EDUCATION

Bachelor of Science, Human Development and Family Studies,
University of Vermont, Burlington, VT, 2003

WORK EXPERIENCE

AUTHOR, EDUCATOR, COMMUNITY DOULA, 2018-PRESENT

- Author of published books and articles on mortality and bereavement
- Presenter, speaker, and respected subject matter expert in the deathcare field
- Developer and facilitator of workshops and training programs on death literacy, doula approaches to care, advance care planning, and grief support
- Provider of direct doula support to clients

RESEARCHER, VERMONT CONVERSATION LAB, UNIVERSITY OF VERMONT, BURLINGTON, VT, 2020-PRESENT

StoryListening Study:

- Worked in collaboration with study PI and research team to run an IRB-approved grief intervention
- Developed the Standard Operating Procedures (SOP) Manual
- Hired, trained, and supervised team of *StoryListening* Doulas
- Acted as a *StoryListening* Doula interventionist within research sessions
- Published study papers
- Facilitator of ongoing *StoryListening* workshops and projects

PROGRAM DEVELOPER, END-OF-LIFE DOULA PROFESSIONAL CERTIFICATES, UNIVERSITY OF VERMONT, 2016-2022

- Developed and ran globally renowned online training programs
- Provided ongoing monitoring, evaluation and quality improvement of curriculum
- Collaborated with faculty, instructors, community organizations, and businesses
- Hired, trained, supported, and supervised course facilitators
- Assisted with networking and program promotion, including with social media, events, webinars, interviews, etc.

BIRTH SUPPORT AND EDUCATION PROVIDER, NORTHERN VT, 2009- 2020

- Provided direct support to clients as a birth and postpartum doula
- Developed curriculum and taught birth and sibling preparation classes
- Co-founded the Vermont Doula Access Coalition to inspire policy change that expands doula care across the state
- Created the need-based “Handle With Love VT” Scholarship Fund to ensure more pregnant people had access to birth support

PUBLICATIONS

- *Cultivating the Doula Heart: Essentials of Compassionate Care* (2018)
A concise guidebook that illuminates core doula approaches, providing readers with a deeper understanding of emotional support techniques.
- Feature Article: End-of-Life Doula Movement, Today's Geriatric Medicine, 2019
- *Map of Memory Lane* (2021)
An engaging picture book that gently invites young readers to explore the inevitability of loss while celebrating cherished connections and memories.
- Op-Ed: Shape-Shifting as an End-of-Life Doula During COVID, MedPage Today, 2021
- *The Death Doula's Guide to Living Fully and Dying Prepared* (New Harbinger, 2023)
An interactive workbook that encourages readers to reflect back, turn inward, and plan ahead.

RESEARCH ARTICLES

- Gramling R, Bennett E, Curtis K, Richards W, Rizzo DM, Arnoldy F, Hegg L, Porter J, Honstein H, Pratt S, Tarbi E, Reblin M, Thambi P, Agrawal M. "Developing a Direct Observation Measure of Therapeutic Connection in Psilocybin-Assisted Therapy: A Feasibility Study." Journal of Palliative Medicine. Aug 2023.
- Arnoldy F, Garrido M, Wong A, Pratt S, Braddish T, Brown G, Reblin M, Rizzo DM, Gramling R. "Protocol for a Scalable StoryListening Intervention for Grief-Related Loneliness During COVID-19." Palliative Medicine Reports. Aug 2023.
- Reblin M, Wong A, Arnoldy F, Pratt S, Dewoolkar A, Gramling R, Rizzo DM. "The StoryListening Project: Feasibility and Acceptability of a Remotely Delivered Intervention to Alleviate Grief during the COVID-19 Pandemic." Journal of Palliative Medicine. Sept 2022.
- Gramling R, Javed A, Durieux BN, Clarfeld LA, Matt JE, Rizzo DM, Wong A, Braddish T, Gramling CJ, Wills J, Arnoldy F, Straton J, Cheney N, Eppstein MJ, Gramling D. "Conversational Stories & Self Organizing Maps: Innovations for the Scalable Study of Uncertainty in Healthcare Communication." Patient Educ Couns. Nov 2021.

PROFESSIONAL PRESENTATIONS AND INTERVIEWS

- Select Interviews/Features: Al Jazeera English, The New York Times, Elisabeth Kübler Ross Foundation, Today.com, Newsweek, Fast Magazine, AARP, The Verge, The National, Public Radio, Seven Days Vermont, EOL University
- Presenter: The Omega Institute, The Art of Dying Institute's Thanatology Program, "Before I Die" AZ, City of Hope's End-of-Life Symposium, Fundación Elisabeth Kübler-Ross México Centro, National End-of-Life Doula Alliance, MA Association for Mental Health, Lifespan Doulas, International Doula Life Movement, End-of-Life Doula Association of Canada, Conscious Dying Institute, Vermont Death and Dying Symposium, VT Center on Aging Gerontology Symposium, Osher Lifelong Learning, Hospice Volunteer Trainings, VT Association of Area Agencies on Aging, Access Community Classes, Village Deathcare Citizen Course, University of Rochester Conference, VT Pediatric Palliative Care, UVM Larner College of Medicine, Springfield Area Parent Child Center, numerous public libraries